

INSTRUCTIONS:

- This form is to be started when a patient has received a positive result on a COVID-19 test and will be monitored and managed by primary care.
- When saved, the form will appear in the left column on the patient's OSCAR eChart as "COVID Monitoring Record".
- **It is important the same form is used for each monitoring visit.** To do this, open the patient's eChart and open the same form again from the left menu.
- **If you save a change to this form and close it, you must refresh the patient's eChart before opening this form again in order to see the changes you made.**

Risk Level

See Guide to Risk Assessment (<https://hfam.ca/clinical-pathways-and-evidence/covid/assessment-diagnosis-and-management-of-covid/guide-to-risk-assessment/>)

<input checked="" type="radio"/> High	<input type="radio"/> Average	<input type="radio"/> Low
MONITOR Daily for at least 14 days	MONITOR Every 2 days x 8 days; then recommend self-monitor for additional 7 days depending on progress	MONITOR Consider self-monitoring only; check-ins determined by individual patient. (Consider at 7 days)

Isolation and Contact Tracing

Test Data and Isolation Period

Date of Positive Test

2021-01-26

Date of First Symptom OR No Symptoms

2021-01-25

End of Isolation Period

2021-02-05

Data Checklist

- Download lab from OLIS to chart
- Add COVID code to Disease Registry (080)
- Add "COVID19 [month/year]" to medical history
- Add COVID code to billing (080)

Patient Isolation/Contact Tracing Education Checklist

- Patient was contacted by Public Health after positive test result OR
- Send Tickler ? Used Public Health Guide (<https://hfam.ca/wp-content/uploads/2020/12/Instructions-for-individuals-who-tested-positive-for-COVID-19.pdf>) to provide or reinforce Public Health's direction on self isolation and identifying/contacting contacts *

Home Equipment Inventory

Patient has or can borrow:

- BP cuff
- Thermometer
- Send Tickler ? Pulse oximeter (NOTE: May direct to YouTube video on using pulse oximeter at <https://www.youtube.com/watch?v=ghUTSH-PYio> (<https://www.youtube.com/watch?v=ghUTSH-PYio>))

(*NOTE: Recommend directing patients to Hamilton Public Health (<https://www.hamilton.ca/coronavirus/covid-19-have-symptoms-or-been-exposed>) (<https://www.hamilton.ca/coronavirus/covid-19-have-symptoms-or-been-exposed>)) and HFAM Patient Resources (<https://hfam.ca/patient-resources/> (<https://hfam.ca/patient-resources/>)) for more information. These may be provided verbally and/or sent electronically through VirtualClinic+ (<https://app.wellclinics.ca/app/surveys/show-surveys>).

COVID-19 Monitoring Visits

IMPORTANT: To access a new row for data entry, save the form, exit, refresh the patient's OSCAR eChart and open this form again from the eChart's left menu.

Please follow specific history and exam details per HFAM Monitoring Template (<https://hfam.ca/clinical-pathways-and-evidence/covid/assessment-diagnosis-and-management-of-covid/monitoring-template/>). Also see tips for assessing Dyspnea (<https://hfam.ca/clinical-pathways-and-evidence/covid/assessment-diagnosis-and-management-of-covid/tips-for-assessing-dyspnea-virtually/>) and Vitals (<https://hfam.ca/clinical-pathways-and-evidence/covid/assessment-diagnosis-and-management-of-covid/assessing-vital-signs-virtually/>) virtual

Date	Symptom Presence (and Relative Change) or Absence						Vitals								
	Dyspnea	Cough	Fever	Loss of Taste/Smell	GI Upset	Other	RR	HR	BP	T	O2 Sat (%)	Hydration	Red Flags	Safe to Continue	
2021-01-27	<input checked="" type="radio"/> Y <input type="radio"/> N <input type="radio"/> Better <input checked="" type="radio"/> Worse <input type="radio"/> Stable	<input type="radio"/> Y <input checked="" type="radio"/> N Note	<input checked="" type="radio"/> Y <input type="radio"/> N <input type="radio"/> Better <input type="radio"/> Worse <input checked="" type="radio"/> Stable	<input type="radio"/> Y <input checked="" type="radio"/> N Note	<input checked="" type="radio"/> Y <input type="radio"/> N <input type="radio"/> Better <input type="radio"/> Worse <input checked="" type="radio"/> Stable	<input type="radio"/> Y <input checked="" type="radio"/> N Note	16 Note	88 Note	N/A Note	37.8 Note	98 Note	<input type="radio"/> Concern <input type="radio"/> Satisfactory Note	<input checked="" type="radio"/> Y <input type="radio"/> N Note	<input type="radio"/> Y <input checked="" type="radio"/> N Note	

	Note	Note	Note														
	Notes																
2021-01-28	<input checked="" type="radio"/> Y <input type="radio"/> N <input type="radio"/> Better <input type="radio"/> Worse <input checked="" type="radio"/> Stable Note	<input type="radio"/> Y <input checked="" type="radio"/> N <input type="radio"/> Better <input type="radio"/> Worse <input checked="" type="radio"/> Stable Note	<input checked="" type="radio"/> Y <input type="radio"/> N <input type="radio"/> Better <input type="radio"/> Worse <input checked="" type="radio"/> Stable Note	<input type="radio"/> Y <input checked="" type="radio"/> N <input type="radio"/> Better <input type="radio"/> Worse <input checked="" type="radio"/> Stable Note	<input checked="" type="radio"/> Y <input type="radio"/> N <input type="radio"/> Better <input type="radio"/> Worse <input checked="" type="radio"/> Stable Note	<input type="radio"/> Y <input checked="" type="radio"/> N <input type="radio"/> Better <input type="radio"/> Worse <input checked="" type="radio"/> Stable Note	<input type="text"/> Note	<input type="text"/> Note	<input type="text"/> Note	<input type="text" value="38.0"/> Note	<input type="text" value="98"/> Note	<input type="radio"/> Concern <input type="radio"/> Satisfactory Note	<input type="radio"/> Y <input type="radio"/> N Note	<input type="radio"/> Y <input type="radio"/> N Note			
	Notes																
2021-02-22	<input type="radio"/> Y <input type="radio"/> N Note	<input type="radio"/> Y <input type="radio"/> N Note	<input type="radio"/> Y <input type="radio"/> N Note	<input type="radio"/> Y <input type="radio"/> N Note	<input type="radio"/> Y <input type="radio"/> N Note	<input type="radio"/> Y <input type="radio"/> N Note	<input type="text"/> Note	<input type="text"/> Note	<input type="text"/> Note	<input type="text"/> Note	<input type="text"/> Note	<input type="radio"/> Concern <input type="radio"/> Satisfactory Note	<input type="radio"/> Y <input type="radio"/> N Note	<input type="radio"/> Y <input type="radio"/> N Note			
	Notes																

Next Visit Date

OR

Discharge Date (<https://hfam.ca/clinical-pathways-and-evidence/covid/assessment-diagnosis-and-management-of-covid/discharge/>)

2021-01-29

On Call Notified if Visit on Weekend

Note

Other Areas of Assessment/Support

Area	Concern?	Notes	Referral?	Referral Instructions
Mental Health	<input type="radio"/> Y <input checked="" type="radio"/> N <input type="button" value="Send Tickler"/> ?	<input type="text"/>	<input type="radio"/> Y <input checked="" type="radio"/> N <input type="button" value="Send Tickler"/> ?	<input type="text"/>
Access to Food	<input type="radio"/> Y <input checked="" type="radio"/> N <input type="button" value="Send Tickler"/> ?	<input type="text"/>	<input type="radio"/> Y <input checked="" type="radio"/> N <input type="button" value="Send Tickler"/> ?	<input type="text"/>
Access to Caregiver(s)	<input type="radio"/> Y <input checked="" type="radio"/> N <input type="button" value="Send Tickler"/> ?	<input type="text"/>	<input type="radio"/> Y <input checked="" type="radio"/> N <input type="button" value="Send Tickler"/> ?	<input type="text"/>
Access to Needed Supports	<input type="radio"/> Y <input checked="" type="radio"/> N <input type="button" value="Send Tickler"/> ?	<input type="text"/>	<input type="radio"/> Y <input checked="" type="radio"/> N <input type="button" value="Send Tickler"/> ?	<input type="text"/>
Financial Health	<input type="radio"/> Y <input checked="" type="radio"/> N <input type="button" value="Send Tickler"/> ?	<input type="text"/>	<input type="radio"/> Y <input checked="" type="radio"/> N <input type="button" value="Send Tickler"/> ?	<input type="text"/>
Housing	<input type="radio"/> Y		<input type="radio"/> Y	

• N

• N

Send Tickler ?

Patient Advice/Education Checklist

Please refer to "Patient Advice Guide" (<https://hfam.ca/clinical-pathways-and-evidence/covid/assessment-diagnosis-and-management-of-covid/patient-advice-guide/>)

- Illness course explained
- Information about hydration and comfort medications given:
- Direction given to limit exertion and education provided about breathing position:
- Return to care instructions given
- Advice given about regular medications (SADMAN (<https://www.rxfiles.ca/rxfiles/uploads/documents/SADMANS-Rx.pdf>)): N/A OR Notes:
- Management of comorbidities discussed:

Summary of Goals of Care Conversation (if relevant and appropriate)

N/A Full escalation of care if worsens

Save

This form was developed by the McMaster University Department of Family Medicine and may be modified and used as needed, subject to retaining this acknowledgement in all versions. In the spirit of collaborative improvement, we welcome your feedback. (mailto:oscarmcmaster@fammedmcmaster.ca) Thank you v1.4